

## Sponsor run SuhuYini Zevenheuvelenloop 2017

### Sponsor my run!



In the third weekend of November (18th and 19th) I will join the Zevenheuvelenloop (*Seven Hills Run*) and run 7 or 15 km for the SuhuYini foundation. Would you like to sponsor me for this event? You can read more below about our goal for this year's sponsor run.



Andaratu Mohammed explains what SuhuYini means to her: “Before SuhuYini offered to help, our family had a hard time making ends meet. Then I was asked to take part in the Maltima Development Project. They provided me with two hectares of tilled land and seeds to grow my own crops and make money. By 2012 I had enough money for a big investment, one I’d considered far too big: I could send my eldest son to school to become a teacher. Now I can provide all my children with a bright future by paying their tuitions, and help my family prosper.”

**SuhuYini?** Haven't heard of it? That's not too surprising. SuhuYini is a small foundation that helps women and their families in Kasuliyili, a village in the north of Ghana (Western Africa). SuhuYini works with a local committee that organises and runs the Maltima Development Project (MDP). This committee consists of 4 men and 4 women who volunteer to increase the independence of the women in the project. Kasuliyili is highly dependent on agriculture, so a dry year or unpredictable weather can have a strong financial impact on the families in the village. The MDP committee provides loans to 100 women to cultivate their land more efficiently, herd sheep or start a small business, and offers them relevant training. This makes them less dependent on the unpredictable climate in the north of Ghana.

**What will we do with your money?** This year we will run for the purchase of a tractor. We leave it to the MDP to explain why this is so important. As they wrote in their latest letter: “With a tractor we can plough at exactly the right time, which is essential for a good harvest. Traditionally women get to plough only after the men have finished; our own tractor would eliminate this problem. At the moment we hire a tractor, which is costly, unreliable and time consuming. Moreover, if we have our own tractor, we can rent it out and make some money. This will make our project less dependent on outside support. We can work more land with a tractor and help more women.”



**What do we need?** A tractor with a plough, a roof to protect it and some smaller items will cost € 16,500. The MDP committee will contribute 25% of this amount. This 25% will be collected as follows: every woman in the project will pay 60 Ghanaian cedi (€ 12), and every committee member 100 Ghanaian cedi (€ 20). These are large expenses for them: it shows how highly motivated they are to improve their community. The SuhuYini foundation will raise the remaining 75% of the costs. Last year we collected € 3,300 with the Zevenheuvelenloop, but we're not there yet. We still need another **€ 5,000**.

To help SuhuYini reach this finish line, I am going to run the Zevenheuvelenloop. Will you help me contribute to this valuable project?

## How to sponsor me?

Transfer your contribution to account number

NL18 TRIO 0784 8174 99

Name: Stichting SuhuYini (Nijmegen)

Add message: Sponsoring [name of "your" runner] zevenheuvelenloop

Note: If you transfer at least € 25.00, you automatically become a Friend of SuhuYini. 😊



The website [www.suhuyini.org](http://www.suhuyini.org) will show updates of how much our runners have collected. Of course it also contains more information about the project in the north of Ghana.

More about the Zevenheuvelenloop: [www.zevenheuvelenloop.nl](http://www.zevenheuvelenloop.nl).

Finally, you can follow us on Facebook ([www.facebook.com/thesuhuyinifoundation](https://www.facebook.com/thesuhuyinifoundation)).

**Thank you!**

on behalf of SuhuYini, the MDP committee, the women of Kasuliyili  
and all the (very tough) runners

