

## Sponsor run SuhuYini Zevenheuvelenloop 2018

On Saturday evening 17 November I will join the Zevenheuvelenloop (*Seven Hills Run in Nijmegen*) and run 7 km for the SuhuYini foundation. **Would you like to sponsor me for this event?** You can read more below about our goal for this year's sponsor run.



### The SuhuYini Foundation

**SuhuYini?** Never heard of it? That's not too surprising. SuhuYini is a small foundation that helps women and their families in Kasuliyili, a village in the north of Ghana (Western Africa). SuhuYini works with a local committee that organises and runs the Maltima Development Project (MDP). This committee consists of 4 men and 4 women who volunteer to increase the independence of the women in the project. Kasuliyili is highly dependent on agriculture, so a dry year or unpredictable weather can have a strong financial impact on the families in the village. The MDP committee provides loans to 100 women to cultivate their land more efficiently, herd sheep or start a small business,

and offers them relevant training. This makes them less dependent on the unpredictable climate in the north of Ghana.

**Where will your contribution go?** The MDP have presented us with a promising new poultry farm project they would like to launch. The women selected for the project would look after the poultry (chickens or guinea fowl) and sell the eggs. This means they will have an activity that generates an income for the whole year. This is very important, as the dry season is a vulnerable time for the people of Kasuliyili. They need the harvest from the previous season to manage financially, and when this fails there is little to carry them through the dry season. This is often at the expense of things like school costs for their children. The members of the MDP have researched this extensively and are enthusiastic about it. The sale of the eggs and the chickens will make a big difference. We would like to assist the MDP in starting this new project. We would love you to be a part of his project too.



**How to Sponsor me?** Transfer your contribution to account number

NL18 TRIO 0784 8174 99

Name: Stichting SuhuYini (Nijmegen)

Add message: Sponsoring [name of "your" runner]  
zevenheuvelenloop

**Note: If you transfer at €25.00, or more you automatically become a Friend of SuhuYini 😊**

The website [www.suhuyini.org](http://www.suhuyini.org) will show updates of how much our runners have collected. Of course it also contains more information about the project in the north of Ghana.

More about the Zevenheuvelenloop: [www.zevenheuvelenloop.nl](http://www.zevenheuvelenloop.nl).

Finally, you can follow us on Facebook ([www.facebook.com/thesuhuyinifoundation](https://www.facebook.com/thesuhuyinifoundation)).



**Thank you!**

on behalf of SuhuYini, the MDP committee, the women of Kasuliyili  
and all the (very tough) runners

